

Kathy Bowlin's Biography

Kathy started her study of martial arts in 1999 under the direction of Hanshi Jerry Piddington, founder of American Open Style Karate. She began competing in forms as a yellow belt and went on to compete on the national karate circuit. She was awarded Grand Champion in adult forms at the 2002, 2004 Pacific Jewel Tournaments. She then went on to compete in the Super Grands World Games in 2003 and 2004 as part of the Sport Karate International League, the under black belt division of the National Black Belt League. She placed first in adult forms in both 2003 and 2004 becoming the Sport Karate International League Amateur Champion.

She retired from competition and received her 1st Dan black belt in 2008, 2nd Dan in 2010, and 3rd Dan in 2013. She has been an instructor at Sun and Moon Martial Arts in Eagle Point, Oregon since 2008. She is currently a certified instructor and specializes in forms. In her spare time she studies the Filipino Martial Art of Modern Arnis.