

Dr. Krystal Hall was born in Massachusetts. She began her martial arts training in Taekwondo, Escrima, and Kempo in 2001, while pursuing her doctoral degree in Veterinarian medicine. After earning her medical degree, she moved to Oregon in 2010. Shortly thereafter, she began training in American Open Style Karate under Kyoshi Dave Pritchett. In 2015, she attained her Shodan ranking from Kyoshi Pritchett. Krystal also began studying the Progressive System of Martial Arts under Grandmaster Jose Bueno, earning her Shodan ranking in 2014. Currently she works as a Veterinarian at a local animal clinic/hospital, with a specialty in surgery. Dr. Hall continues to train with Kyoshi Pritchett and Grandmaster Bueno, and provides instruction to other students in both arts.